Schedule for the Week

SUNDAY - 12 March - SECOND SUNDAY OF GREAT LENT - Sunday of St. Gregory Palamas, Archbishop of Thessalonica  
Hebrews 1:10-2:3  Mark 2:1-12

9:30 AM - DIVINE LITURGY

5PM - PASIYA Service

Monday; 13 March - The Venerable Basil the Confessor  
Isaiah 8:13-9:7  Genesis 6:9-22  Proverbs 8:1-21

Tuesday; 14 March - The Martyress Eudocia of Heliopolis  

9 AM - LENTEN HOURS

6:30 PM - MOLEBEN TO THE MOTHER OF GOD FOR THE PEACE AND STABILITY OF UKRAINE  - St. Josaphat Ukrainian Catholic Church 1826 Kenmore Avenue Bethlehem

Wednesday: 15 March - The Holy Theodotus, Bishop of Cyrenia  
Isaiah 10:12-20  Genesis 7:6-9  Proverbs 9:12-18

9 AM - LENTEN HOURS

4 PM - LITURGY OF THE PRESANCTIFIED GIFTS

Thursday; 16 March - The Holy Martyrs Eutropius, Cleonicus and Basilicus of Amasea  
Isaiah 11:10-12:2  Genesis 7:11-8:3  Proverbs 10:1-22

Friday; 17 March - The Gerasimus of the Jordan  
Isaiah 13:2-13  Genesis 8:4-21  Proverbs 10:31-11:12

9 AM - LENTEN HOURS

6 PM - AKAFIST TO THE PASSION OF CHRIST followed by Educational Series and Pot Luck Supper

Saturday; 18 March - MEMORIAL SATURDAY - The Holy Martyr Conon of Isauria  
Hebrews 10:32-38  Mark 2:14-17
9 AM - DIVINE LITURGY with Sorkousty

SUNDAY - 19 March - THIRD SUNDAY OF GREAT LENT - Sunday of the Veneration of the Cross
Hebrews 4:14-5:6  Mark 8:34-9:1

9:30 AM - DIVINE LITURGY

5PM - PASIYA Service

Announcements

• SAVE THE DATE: **Annual General Parish Meeting** - TWO WEEKS FROM TODAY Sunday; 26 March 2023 immediately after Divine Liturgy.

• **COFFEE HOUR SIGN - UP SHEET**: The new coffee hour sign-up sheet is now posted in the Fellowship Hall. Please consider sponsoring a Sunday.

• **AID TO UKRAINE CONTINUES**: As the Russian War on Ukraine continues into a second year, our assistance also continues. We are now partnering with UNITED HELP UKRAINE, an organization that has proven itself over the past year to get the necessary help to Ukraine where it needs to be. In addition to this, we have adopted a military unit, in the Lviv Oblast, to provide them with small items that make their defense of Ukraine easier. Please check the bulletin regularly for updates on the items needed.

• **Fasting before Holy Communion** - Please note: anyone planning to receive Holy Communion at any of the Presanctified Liturgies should follow the rule of fasting and have only one full meal during the day, usually in the evening after having received Holy Communion. In addition, they should also not have anything to eat after 12 Noon

• **PASCHA SALE**: Our own Sisterhood of St. Anna will be making Paschas this year as fund-raiser. Please see the attached flyer for information and please support these hard working ladies in their efforts to help our church.

• **KOVBASA SALE**: The Ukrainian American Veterans of the Lehigh Valley will be holding a Kovbasa Sale. Please see the flyer in today’s bulletin.

• **FRIDAY EVENING EDUCATIONAL SERIES AND POT LUCK SUPPER** - This Lent, we will again attempt to have a series of enrichment on our Orthodox Christian Faith after the evening service. We will be exploring the book “Introducing the Orthodox Faith,” by Fr. Anthony Coniaris. ALL ARE INVITED. Anyone planning on attending, should speak to Fr. Richard and please bring a meatless and dairy less covered dish.

• **PUSSY WILLOWS** - The mild winter has caused an early spring. Therefore, things are budding and blossoming very early this year. We ask those of you who have pussy willow bushes to keep an eye on them and cut the branches before they start going to pollen and keep them in a cool place until Willow
Sunday - please do not bring them to the church; we simply do not have anywhere to store them. We are very grateful to anyone who can donate branches.

- **SOROKOUSTY COMMEMORATION** - As we begin Great Lent, as a reminder, we will celebrate the commemoration of the deceased on the five designated Sorokousty Saturdays. If you wish to have Father Richard commemorate your deceased family members, please utilize the Sorokousty envelope available in the breezeway and place it in the collection basket with your regular offering.

- **MONTHLY PRAYER SERVICE FOR THOSE SUFFERING WITH CANCER AND OTHER ILLNESS** - The next special monthly prayer service for those suffering with cancer and other illness, to the Mother of God “Queen of All” will take place this **Monday; 20 March**. If you would like to remember anyone in prayer, please submit their names on the list available in the Chapel and deposit it in the chapel near the icon of the Mother of God, Queen of All. Donations can also be placed in the same receptacle.

- **ENGLISH AS A SECOND LANGUAGE CLASSES** - Classes continue every Saturday at 10 AM. Our own choir director, John Koretski leads the class. Anyone interested is welcome.

- **Adult Ukrainian Language Classes** - Classes continue every Thursday at 6 PM. Mr. Ihor Mirchuk is the instructor. Anyone interested is welcome.

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**Today’s Liturgical Propers**

*(at the Divine Liturgy)*

**Tone 6  Troparion  *(Resurrection)*

The Angelic Powers were at Your tomb; the guards became as dead men. Mary stood by Your grave, seeking Your most pure body. You captured hell, not being tempted by it. You came to the Virgin, granting life. O Lord, Who rose from the dead, // glory to You.

**Tone 8  Troparion  *(St. Gregory Palamas)*

O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace, //
always intercede before the Lord that our souls may be saved!

**Tone 8 Kontakion (St. Gregory Palamas)**

Holy and divine instrument of wisdom, joyful trumpet of theology, together we sing your praises, O God-inspired Gregory. Since you now stand before the Original Mind, guide our minds to Him, O Father, so that we may sing to you: “Rejoice, preacher of grace!”

**Tone 4 Kontakion (from the Lenten Triodion)**

Now is the time for action! Judgment is at the doors! So let us rise and fast, offering alms with tears of compunction and crying: “Our sins are more in number than the sands of the sea; but forgive us, O Master of all, so that we may receive the incorruptible crowns!”

**Tone 5 Prokeimenon**

You, O Lord, shall protect us / and preserve us from this generation forever. *(Ps. 11:7)*

**V. Save me, O Lord, for there is no longer any that is godly! (Ps. 11:1a)*

**Epistle**

Hebrews 1:10-2:3

**Tone 6**

Alleluia, Alleluia, Alleluia!

**V. He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God. (Ps. 90:1)**
He will say to the Lord: “My Protector and my Refuge; my God, in Whom I trust.”

(V. The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment. (Ps. 36:31)

Gospel
Mark 2:1-12

(Instead of “It is truly meet...,” we sing the following)

Hymn to the Mother of God

All of creation rejoices in you, O Full of Grace:
the assembly of angels and the race of men.
O sanctified temple and spiritual paradise,
the glory of virgins,
from whom God was incarnate and became a Child –
our God before the ages.
He made your body into a throne,
and your womb He made more spacious than the heavens.
All of creation rejoices in you, O Full of Grace.
Glory to you!

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (Ps. 148:1)
The righteous shall be in everlasting remembrance! He shall not fear evil tidings! (Ps. 111:6)
Alleluia, Alleluia, Alleluia!

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KOVBASA SALE
by the
Ukrainian American Veterans Post 42

The Veterans of Lehigh Valley Post 42 are taking orders for Kovbasa, Kovbanosa, Krakowska and Horseradish with Beets for Pascha.

See one of the Vets following Divine Liturgy on March 5, 12, 19, 26, April 2 to place your order;

Or Call Bohdan Zelechiwsky at 610-972-3712 or Nick Fartuch at 484-666-9516 to place an order by phone.

PICK UP YOUR ORDER
Palm Sunday April 9, 2022.

THANK YOU FOR YOUR SUPPORT!
ST. ANNA SISTERHOOD
PASKA SALE

Plain or Raisin: $12
See one of the Sisterhood members following Divine Liturgy on March
12, 19, 26 to place your order;
Or Call the Church Office: 610-
820-0821

PICK UP YOUR ORDER
April 2, 2022 or on
Orthodox Palm Sunday April 9, 2022.

THANK YOU FOR YOUR SUPPORT!
Donations For Ukraine Wishlist—THANK YOU
UPDATED 02-21-23

UNITED HELP UKRAINE delivers to De-Occupied Territories and to Internally Displaced Families.
PLEASE CALL THE CHURCH OFFICE AHEAD TO ARRANGE DROP-OFF.

1. Emergency supplies
   - Solar lights – any type
   - Flashlights, lanterns – preferably solar or hybrid
   - Batteries – any type

2. OTC Medication
   - Hydrocortisone, Preparation H, Athlete foot (and any other useful ointments)
   - Anti-diarrhea and constipation drugs
   - Painkillers and fever reducers
   - Vitamins

3. Food
   Non-perishable, at least 6 months before expiration date, no glass jars, sturdy packaging
   - Canned meat, canned milk
   - High protein canned food: beans with meat etc.
   - Peanut butter, nutella
   - Rice, pasta, mashed potato flakes, other grains
   - Energy bars, chocolate bars, nut bars
   - Non-bulky crackers, fig bars, cereals
   - Tea (bagged and loose leaf)
   - Coffee: instant, beans, or grinded (no pods)

4. Adult Personal Hygiene
   - Adult diapers
   - Soap bars
   - Pads for women
   - Toothpaste/Mouth Wash/Tooth paste

5. Household Items
• Non-liquid laundry detergents
• Non-liquid cleaning supplies
• Disinfecting wipes
• Mosquito and Ticks Detergents

KIDS
6. Babies
• Diapers – sizes 3-5
• Formula (unexpired)