

Українська Православна Катедра Покрови Пресвятої Богородиці  
**St. Mary Ukrainian Orthodox Church**  
**Protection of the Most Holy**  
**Mother of God Cathedral**



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**31 MARCH. 2024 - SECOND SUNDAY OF GREAT LENT - SUNDAY OF ST. GREGORY PALAMAS**

*At the Divine Liturgy*

**Tone 2 Troparion**      *(Resurrection)*

When You descended to death, O Life Immortal,  
You slew hell with the splendor of Your Godhead.  
And when from the depths You raised the dead,  
all the powers of heaven cried out://  
“O Giver of life, Christ our God, glory to You!”

**Tone 8 Troparion**      *(St. Gregory Palamas)*

O light of Orthodoxy, teacher of the Church, its confirmation,  
O ideal of monks and invincible champion of theologians,  
O wonderworking Gregory, glory of Thessalonica and preacher of grace,//  
always intercede before the Lord that our souls may be saved!

**Tone 8 Kontakion**      *(St. Gregory Palamas)*

Holy and divine instrument of wisdom,  
joyful trumpet of theology,  
together we sing your praises, O God-inspired Gregory.

Since you now stand before the Original Mind, guide our minds to Him, O Father//  
so that we may sing to you: “Rejoice, preacher of grace!”

**Tone 4 Kontakion**      *(from the Lenten Triodion)*

Now is the time for action!  
Judgment is at the doors!  
So let us rise and fast,  
offering alms with tears of compunction and crying:  
“Our sins are more in number than the sands of the sea;  
but forgive us, O Master of all,//  
so that we may receive the incorrutable crowns!”

**Tone 5 Prokeimenon**

You, O Lord, shall protect us / and preserve us from this generation forever.  
*(Ps. 11:7)*

*V. Save me, O Lord, for there is no longer any that is godly! (Ps. 11:1a)*

**Epistle**  
(304) Hebrews 1:10-2:3

**Tone 2**  
Alleluia, Alleluia, Alleluia!

*V. May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you!*  
*(Ps. 19:1)*

*V. Save the King, O Lord, and hear us on the day we call! (Ps. 19:9)*

**Gospel**  
(7) Mark 2:1-12

*(Instead of “It is truly meet...,” we sing the following)*

**Hymn to the Birth-Giver of God**

All of creation rejoices in you, O Full of Grace:  
the assembly of angels and the race of men.  
O sanctified temple and spiritual paradise,

the glory of virgins,  
from whom God was incarnate and became a Child –  
our God before the ages.  
He made your body into a throne,  
and your womb He made more spacious than the heavens.  
All of creation rejoices in you, O Full of Grace.  
Glory to you!

### Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! *(Ps. 148:1)*  
The righteous shall be in everlasting remembrance! He shall not fear evil  
tidings! *(Ps. 111:6)*  
Alleluia, Alleluia, Alleluia!  
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### Announcements

- **PRAY FOR UKRAINE!** - The Brotherhood of Ukrainian Clergy in the Lehigh sponsors weekly Moleben services for the peace and well-being of Ukraine.. **The next Moleben service will be this Tuesday; 26 March at 6:30 PM at Holy Ghost Ukrainian Catholic Church Fourth St. West Easton.** We urge everyone to attend and PRAY FOR UKRAINE!
- **ANNUAL GENERAL PARISH MEETING:** The Annual General Parish Meeting for 2024 will take place on Sunday; 07 April 2024 immediately following Divine Liturgy. As per our current By-Laws (2017), Article V Paragraph B Section 1 - "...Only members in good standing, (active members), i.e., those who fulfill all their obligations to the Church, shall participate in a meeting and have the right to vote." Further, members in good standing are defined in Article III Paragraph A. Among the requirements listed there are going to confession and partaking of Holy Communion and being current with financial obligations to the church. For further information, please check your copy of the parish by-laws.
- **SISTERHOOD MEETING:** On Sunday, 14 April, there will be a meeting of the Sisterhood of St. Anna after Divine Liturgy. All ladies of the Sisterhood are urged to be present.
- **UKRAINIAN - AMERICAN VETERANS KOVBASA SALE -** The local chapter of the Ukrainian-American Veterans are having their annual Paschal Kovbasa Fundraiser. All the proceeds of the sale help fund the activities of the Vets. The price for Krayana

Kovbasa \$7/lb., Krakivska \$a 8/lb, Kovbanosy \$8/lb. and Beet Horseradish \$5 for a container. Please see Nik Fartuch for more information and to place an order.

- **PRAYER BOOKS AND MEMORIAL BOOKS AVAILABLE -** Recently a number of people have requested prayer books for their personal use. We have also had requests for the small memorial books wherein the name of deceased love ones, as well as the living for whom we wish to pray, can be written and submitted to the priest. We are happy to announce we now have a supply of both. Please see Robin Bodnar in the office to purchase.
- **READER SCHEDULE:**

<u>DATE.</u>	<u>HOURS</u>	<u>EPISTLE</u>
03-31	Dennis Ritter	Robin Bodnar
- **COFFEE SOCIAL:** *Today's coffee hour is hosted by; NO COFFEE HOUR TODAY.*
- **Please pray for the sick and infirm of our Church:** Fr. John Fencik, Fr. Yakiw Norton, Fr. Oleh Hucul, Fr. Vasyl Dovgan, Fr. Ivan Levitsky, Fr. Bohdan Heleta, Fr. Roman Mirchuk, Tania Antoniewicz, Richard Antoniuk, Bohdan Baranczyk, John Chorney, Gloria Dunski, Marie Hinkley, Daniel Milinichuk, Maria Onulack, Michael Onushko, Nancy Onusko, Mary Ellen Mackiewicz, William Radio, Dori Bochnak, Katheryn Solan, Elsie Moroz, Child of God Karina Strashinsky and the Child of God Johnny Walson.

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### Schedule for this Week

**SUNDAY - 31 March - SECOND SUNDAY OF GREAT LENT - SUNDAY OF. ST. GREGORY PALAMAS**

*Hebrews 1: 10-2:3 Mark 2:1-12*

**9:30 AM - DIVINE LITURGY**

**Monday; 01 April - The Holy Martyrs Chrysanthus and Daria and Those with Them at Rome**

*Isaiah 8:13-9:7 Genesis 6:9-22 Proverbs 8:1-21*

5:45 PM - LENTEN HOURS

6:30 PM - Parish Board Meeting

**Tuesday; 02 April - The Holy Fathers Slain at the Monastery of St. Sabbas**

*Isaiah 9:9-10:4. Genesis 7:1-5 Proverbs 8:32-9:11*

6:30 PM - MOLEBEN TO THE MOTHER OF GOD FOR THE PEACE AND STABILITY OF UKRAINE - **Holy Ghost Ukrainian Catholic Church Fourth St.. West Easton** (Sponsored by the Brotherhood of Ukrainian Clergy of the Lehigh Valley)

**Wednesday; 03 April - The Venerable James the Confessor, Bishop of the Studion**

*Isaiah 10:12-20 Genesis 7:6-9 Proverbs 9:12-18*

4 PM - AKAFIST TO THE PASSION OF CHRIST

**Thursday; 04 April - The Holy Hieromartyr Basil, priest in Ancyra**

*Isaiah 11:10-12:2 Genesis 7:11-8:3 Proverbs 10:1-22*

**Friday; 05 April - The Holy Monk and Martyr Nicon and His 199 Disciples in Sicily**

*Isaiah 13:2-13 Genesis 8:4-21 Proverbs 10:31-11:12*

9 AM - LENTEN HOURS

6:30 PM - PRESANCTIFIED LITURGY

**Saturday; 06 April (MEMORIAL SATURDAY)- The Venerable Zacharias the Recluse of Egypt**

*Hebrews 10:32-38 Mark 2:14-17*

9 AM - DIVINE LITURGY with SOROKOUSTY (Remembrance of the Dead)

5 PM - GREAT VESPER (followed by Holy Confession)

**SUNDAY - 07 April - THIRD SUNDAY OF GREAT LENT - SUNDAY OF THE VENERATION OF THE CROSS - ANNUNCIATION TO THE MOST HOLY MOTHER OF GOD**

*Hebrews 4:14-5:6 Mark 8:34-9:1*

**9:30 AM - DIVINE LITURGY**

**YET ANOTHER WORD REGARDING PRAYING FOR THE DEAD**

Saturday is the day which the Church has set aside for the commemoration of faithful Orthodox Christians departed this life in the hope of resurrection to eternal life. Since the Divine Liturgy cannot be served on weekdays during Great Lent, the second, third, and fourth Saturdays of the Fast are appointed as Soul Saturdays when the departed are remembered at Liturgy.

In addition to the Liturgy, kollyva (wheat or rice cooked with honey and mixed with raisins, figs, nuts, sesame, etc.) is blessed in church on these Saturdays. The kollyva reminds us of the Lord's words,

“Unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit” (John 12:24). The kollyva symbolizes the future resurrection of all the dead. As Saint Simeon of Thessalonica (September 15) says, man is also a seed which is planted in the ground after death, and will be raised up again by God's power. Saint Paul also speaks of this (I Cor. 15:35-49).

It is customary to give alms in memory of the dead in addition to the prayers we offer for their souls. The angel who spoke to Cornelius testifies to the efficacy of almsgiving, “Your prayers and your alms have ascended as a memorial before God” (Acts 10:4).

Memorial services for the dead may be traced back to ancient times. Chapter 8 of the Apostolic Constitutions recommends memorial services with Psalms for the dead. It also contains a beautiful prayer for the departed, asking that their voluntary and involuntary sins be pardoned, that they be given rest with the Patriarchs, Prophets, and Apostles in a place where sorrow, suffering, and sighing have fled away (Isaiah 35:10). Saint John Chrysostom mentions the service for the dead in one of his homilies

on Philippians, and says that it was established by the Apostles. Saint Cyprian of Carthage (Letter 37) also speaks of our duty to remember the martyrs.

The holy Fathers also testify to the benefit of offering prayers, memorial services, Liturgies, and alms for the dead (Saint John Chrysostom, Saint Cyril of Jerusalem, Saint John of Damascus, etc.). Although both the righteous and those who have not repented and corrected themselves may receive benefit and consolation from the Church's prayer, it has not been

revealed to what extent the unrighteous can receive this solace. It is not possible, however, for the Church's prayer to transfer a soul from a state of evil and condemnation to a state of holiness and blessedness. Saint Basil the Great points out that the time for repentance and forgiveness of sins is during the present life, while the future life is a time for righteous judgment and retribution (Moralia 1). Saint John Chrysostom, Saint Gregory the Theologian, and other patristic writers concur with Saint Basil's statement.

By praying for others, we bring benefit to them, and also to ourselves, because “God is not so unjust as to forget your work and the love which you showed for His sake in serving the saints...” (Heb. 6:10).

===== **The Five Memorial Saturdays of the Deceased (Sorokousty)**

Every year the Church Typikon designates five Sorokousty/ Saturdays of the Deceased during Great Lent. In addition the first Saturday for this purpose actually occurs before Great Lent on the Saturday before the reading of the Gospel of the Last Judgement. For 2024 these Saturdays are **March 9th; March 30th, 18th, April 6th and April 13th**. It is a tradition of our Holy Church to commemorate the memories of our beloved deceased at Divine Liturgy on these five Saturdays of the year. Please utilize the Sorokousty envelope included in today's bulletin and either place it in the collection basket with your regular offering or send it into the church through regular mail. NOTE: If you have additional names to be remembered, you may print them on a separate sheet of paper and include it in the envelope. PLEASE ONLY LIST FIRST NAMES!

