

Українська Православна Катедра Покрови Пресвятої Богородиці

St. Mary Ukrainian Orthodox Church

Protection of the Most Holy

Mother of God Cathedral



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**VOL. 5 No. 16**

**14 APRIL 2024 - FOURTH SUNDAY OF GREAT LENT - SUNDAY OF ST. JOHN OF THE LADDER**

*At the Divine Liturgy*

**Tone 4 Troparion** (Resurrection)

When the women disciples of the Lord learned from the angel the joyous message of Your Resurrection, they cast away the ancestral curse and elatedly told the apostles:  
“Death is overthrown!  
Christ God is risen,//  
granting the world great mercy!”

**Tone 1 Troparion** (St. John Climacus)

O dweller of the wilderness and angel in the body,  
you were a wonderworker, O our God-bearing Father John.  
You received heavenly gifts through fasting, vigil and prayer,  
healing the sick and the souls of those drawn to you by faith.  
Glory to Him Who gave you strength!  
Glory to Him Who granted you a ^crown!//  
Glory to Him Who grants healing to all!

**Tone 4 Kontakion** (Resurrection)

My Savior and Redeemer  
as God rose from the tomb and delivered the earth-born from their chains.  
He has shattered the gates of hell,  
and as Master,//  
He has risen on the third day!

**Tone 4 Kontakion** (St. John Climacus)

The Lord truly set you on the heights of abstinence,  
to be a guiding star, showing the way to the universe,//  
O our father and teacher John.

**Tone 4 Prokeimenon** (Resurrection)

O Lord, how manifold are Your works; / in wisdom have You made them all.  
(Ps. 103:26)

*V. Bless the Lord, O my soul! O Lord, my God, You are very great! (Ps. 103:1)*

**Epistle**

(314) Hebrews 6:13-20

**Tone 4**

Alleluia, Alleluia, Alleluia!

*V. Go forth, prosper and reign, for the sake of meekness, righteousness and truth! (Ps. 44:3b)*

*V. For You love righteousness, and hate iniquity. (Ps. 44:6)*

**Gospel**

(40) Mark 9:17-31

*(Instead of “It is truly meet...,” we sing the following)*

**Hymn to the Birth-Giver of God**

All of creation rejoices in you, O Full of Grace:  
the assembly of angels and the race of men.  
O sanctified temple and spiritual paradise,

the glory of virgins,  
 from whom God was incarnate and became a Child –  
 our God before the ages.  
 He made your body into a throne,  
 and your womb He made more spacious than the heavens.  
 All of creation rejoices in you, O Full of Grace.  
 Glory to you!

**Communion Hymn**

Praise the Lord from the heavens, praise Him in the highest! *(Ps. 148:1)*  
 The righteous shall be in everlasting remembrance! He shall not fear evil  
 tidings! *(Ps. 111:6)*  
 Alleluia, Alleluia, Alleluia!

**Announcements**

- **PRAY FOR UKRAINE!** - The Brotherhood of Ukrainian Clergy in the Lehigh sponsors weekly Moleben services for the peace and well-being of Ukraine.. **The next Moleben service will be this Tuesday; 16 April at 6:30 PM at St. John the Baptist Ukrainian Catholic Church Newport Ave. Northampton.** We urge everyone to attend and PRAY FOR UKRAINE!
- **ANNUAL GENERAL PARISH MEETING RESCHEDULED FOR TODAY!:** Due to a lack of a quorum, the Annual General Parish Meeting, originally scheduled for last week for 2024 will take place TODAY immediately following Divine Liturgy. As per our current By-Laws (2017), Article V Paragraph B Section 1 - "...Only members in good standing, (active members), i.e., those who fulfill all their obligations to the Church, shall participate in a meeting and have the right to vote." Further, members in good standing are defined in Article III Paragraph A. Among the requirements listed there are going to confession and partaking of Holy Communion and being current with financial obligations to the church. For further information, please check your copy of the parish by-laws.
- **SISTERHOOD MEETING:** The Meeting originally scheduled for today will be rescheduled for a Sunday after Pascha. Please watch for an announcement.
- **UKRAINIAN - AMERICAN VETERANS KOVBASA SALE -** The local chapter of the Ukrainian-American Veterans are having their annual Paschal Kovbasa Fundraiser. All the proceeds of the sale help fund the activities of the Vets. The price for Krayana Kovbasa \$7/lb., Krakivska \$a 8/lb, Kovbanosy \$8/lb. and Beet Horseradish \$5 for a container. Please see Nik Fartuch for more information and to place an order.

- **PRAYER BOOKS AND MEMORIAL BOOKS AVAILABLE -** Recently a number of people have requested prayer books for their personal use. We have also had requests for the small memorial books wherein the name of deceased love ones, as well as the living for whom we wish to pray, can be written and submitted to the priest. We are happy to announce we now have a supply of both. Please see Robin Bodnar in the office to purchase.

- **READER SCHEDULE:**

<u>DATE.</u>	<u>HOURS</u>	<u>EPISTLE</u>
04-14	Liliya Baklavets.	Dennis Ritter
04-21	John Sokalsky.	Robin Bodnar
04-28	Rich Bodnar.	Hayden Arp

- **COFFEE SOCIAL:** *Today's coffee hour is hosted by; THE SISTERHOOD OF ST. ANNA.*

- **Please pray for the sick and infirm of our Church:** Fr. John Fencik, Fr. Yakiw Norton, Fr. Oleh Hucul, Fr. Vasyl Dovgan, Fr. Ivan Levitsky, Fr. Bohdan Heleta, Fr. Roman Mirchuk, Tania Antoniewicz, Richard Antoniuk, Bohdan Baranczyk, John Chorney, Gloria Dunski, Marie Hinkley, Daniel Milinichuk, Michael Onushko, Nancy Onusko, Mary Ellen Mackiewicz, William Radio, Dori Bochnak, Katheryn Solan, Elsie Moroz, Child of God Karina Strashinsky and the Child of God Johnny Walson.

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**Schedule for this Week**

**SUNDAY - 14 April - FOURTH SUNDAY OF GREAT LENT - SUNDAY OF ST. JOHN OF THE LADDER**

*Hebrews 6:13-20 Mark 9:17-31*

**9:30 AM - DIVINE LITURGY**  
**5 PM - Pasiya Service (Northampton Parish)**

**Monday; 15 April - The Venerable Titus the Wonderworker**  
*Isaiah 37:33-38:6 Genesis 13:12-18 Proverbs 14:27-15:4*

**Tuesday; 16 April - The Venrable Nicetas the Confessor**  
*Isaiah 40:18-31 Genesis 15:1-15 Proverbs 15:7-19*

6:30 PM - MOLEBEN TO THE MOTHER OF GOD FOR THE PEACE AND STABILITY OF UKRAINE - **St. John the Baptist Ukrainian Catholic Church Newport Ave. Northampton**  
(Sponsored by the Brotherhood of Ukrainian Clergy of the Lehigh Valley)

**Wednesday; 17 April - The Holy Joseph the Hymnographer of Sicily**  
*Isaiah 41:4-14 Genesis 17:1-9 Proverbs 15:20-16:9*

9 AM - LENTEN HOURS  
4 PM - PRE-SANCTIFIED LITURGY

**Thursday; 18 April - The Holy Martyr Theodulus and those with Him**  
*Isaiah 42:5-16 Genesis 18:20-33 Proverbs 16:17-17:17*

**Friday; 19 April - The Holy Euthychius, Patriarch of Constantinople**  
*Isaiah 45:11-17 Genesis 22:1-18 Proverbs 17:17-18:5*

9 AM - LENTEN HOURS  
6:00 PM - AKAFIST TO THE MOTHER OF GOD  
6:30 PM PRE-SANCTIFIED LITURGY

**Saturday; 20 April (AKAFIST SATURDAY)- The Venerable George the Confessor, Bishop of Mitylene**  
*Hebrews 9:24-28 Mark 8:27-31*

9 AM - DIVINE LITURGY with the AKAFIST TO THE MOTHER OF GOD  
5 PM - GREAT VESPERS (followed by Holy Confession)

**SUNDAY - 21 April - FIFTH SUNDAY OF GREAT LENT - SUNDAY OF ST. MARY OF EGYPT**  
*Hebrews 9:24-28 Mark 8:27-31*

**9:30 AM - DIVINE LITURGY**  
**5 PM - Pasiya Service**

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### **The Fourth Sunday of the Great Fast: Tackle your Fears Head-On**

**Excerpt from *The Ladder of Divine Ascent* by St. John of the Ladder**  
**[Edited for the Bulletin]**

Cowardice is a childish disposition in a proud and vainglorious soul. Cowardice is a falling away from faith that comes of expecting the unexpected. Fear is a rehearsing of dan-



ger beforehand; or again, fear is a trembling of a heart alarmed and troubled by unknown misfortunes. Fear is a loss of faith. A proud soul is a slave of cowardice, for it vainly trusts in itself, and is afraid of any sound or shadow of creatures. Those who mourn over their sins but are insensible to every other sorrow do not feel cowardice, but the

cowardly often have mental breakdowns. And this is natural. For the Lord rightly forsakes the proud that the rest of us

may learn not to be puffed up. Although all cowardly people are vainglorious, yet not all who are unafraid are humble, since even robbers, murderers, and rapists may be without fear.

If you yield only a little to such weakness, then this childish and ridiculous infirmity will grow old with you. Thus, do not hesitate to go late at night to those places where you usually feel afraid. As you go on your way, arm yourself with prayer. When you reach the place, stretch out your hands. Flog your enemies with the most holy name of Jesus, for there is no stronger weapon in heaven or earth. When you get rid of this disease, praise Him who has delivered you. If you continue to be thankful, He will protect you for ever. Know that just as it is impossible to satisfy the stomach in one bout, so also it is impossible to overcome fear instantly. Actual freedom from cowardice comes when we eagerly accept all unexpected events with a contrite and humble heart. For it is not darkness and loneliness of place that gives the demons power against us, but barrenness of soul. And through God's providence this sometimes happens in order that we may learn by it. He who has become the servant of the Lord will fear his Master alone, but he who does not yet fear Him is often afraid of his own shadow. He who has conquered cowardice has clearly dedicated his life and soul to God.

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