



Protection of the Most Holy Mother Of God

1031 Fullerton Avenue, Allentown, PA 18102

Fr. Richard Jendras-Pastor Cell phone: (201) 240-5888

Email: fatherrichard@pokrova-allentown.org

VOL. 2 No. 26 March 13, 2022

1st Sunday of Great Lent - Triumph of Orthodoxy

Tone 5 Troparion *(Resurrection)*

Let us, the faithful, praise and worship the Word, co-eternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead// by His glorious Resurrection.

Tone 2 Troparion *(Sunday of Orthodoxy)*

We venerate Your most pure image, O Good One; and ask forgiveness of our transgressions, O Christ our God. Of Your own will You were pleased to ascend the Cross in the flesh and deliver Your creatures from bondage to the Enemy. Therefore with thankfulness we cry aloud to You: "You have filled all with joy, O our Savior, // by coming to save the world."

Tone 8 Kontakion *(Sunday of Orthodoxy)*

No one could describe the Word of the Father; but when He took flesh from you, O Theotokos, He accepted to be described, and restored the fallen image to its former state by uniting it to divine beauty.// We confess and proclaim our salvation in words and images.

Tone 4 Prokeimenon *(Song of the Fathers)*

Blessed are You, O Lord God of our fathers, / and praised and glorified is Your Name forever! (Song of the three Holy Children, v. 3)

v. For You are just in all that You have done for us! (v. 4)

Epistle **Hebrews 11:24-26; 32-12:2**

Tone 4 Alleluia, Alleluia, Alleluia.

v. Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps. 98:6)

v. They called to the Lord and He answered them. (Ps. 98:7a)

Gospel: **John 1:43-51**






Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (Ps. 148:1)

Rejoice in the Lord, O you righteous! Praise befits the just. (Ps. 32:1)

Alleluia, Alleluia, Alleluia!

This Week's Schedule

Sun March 13	9:30 AM- Divine Liturgy 4:00 PM- Vespers of Triumph of Orthodoxy***	1st Sunday of Great Lent - Triumph of Orthodoxy (The Venerable Basil the Confessor) <i>Hebrews 11:24-26, 11:32-12:2 John 1:43-51</i> <i>*** sponsored by the Lehigh Valley Orthodox Clergy Brotherhood</i>
Mon March 14  (Abstain from meat)	9:00 AM- Lenten Hours 6:30 PM – Moleben to the Mother of God for the Peace and Stability of Ukraine*	Martyress Eudokia of Heliopolis <i>Isaiah 4:2-5:7 Genesis 3:21-4:7 Proverbs 3:34-4:22</i> <i>*Sponsored by the Brotherhood of Ukrainian Clergy</i>
Tues March 15  (Abstain from meat)	9:00 AM-Lenten Hours	Hieromartyr Theodotus, bishop of Cyrenia <i>Isaiah 5:7-16 Genesis 4:8-15 Proverbs 5:1-15</i>
Wed March 16  (Abstain from meat and dairy products.)	9:00 AM – Lenten Hours 4:00 PM - Liturgy of the Pre-Sanctified Gifts	Martyrs Eutropius, Cleonicus and Basilicus <i>Isaiah 5:16-25 Genesis 4:16-26 Proverbs 5:15-6:3</i>
Thurs March 17  (Abstain from meat.)	9:00 AM- Lenten Hours	Holy Gerasimus of the Jordan <i>Isaiah 6:1-12 Genesis 5:1-24 Proverbs 6:3-20</i>
Fri March 18  (Abstain from meat and dairy products.)	9:00 AM - Akafist to the Passion of Christ 6:30 PM - Liturgy of the Pre-Sanctified Gifts	Martyrs Conon and Onisius of Isauria <i>Isaiah 7:1-14 Genesis 5:32-6:8 Proverbs 6:20-7:1</i>
Sat March 19 Memorial Saturday	9:00 AM-Divine Liturgy with Sorokousty 5 PM - Vespers	Memorial Saturday- 42 Holy Martyrs of Ammoria in Phrygia <i>Hebrews 3:12-16 Mark 1:35-44</i>
Sun March 20	9:30 AM- Divine Liturgy 4:00 PM- Lenten Vespers at St. Paul Antiochian Orthodox Church, Emmaus**	2nd Sunday of Great Lent - The Holy Gregory Palamas, archbishop of Thessalonica <i>Hebrews 1:10-2:3. Mark 2:1-1</i> <i>** sponsored by the Lehigh Valley Orthodox Clergy Brotherhood</i>

Readers: 03/13 Richard Bodnar; 03/20 Rdr. Daniel; 03/27 John Sokalsky